



Our Mission:
 To motivate to learn; to teach to think; to encourage to imagine;
 and to show the compassion to care globally

17/02/2009

Newsletter

School Crossings



CROSSING REMINDER TO PARENTS

It is our great pleasure to welcome back and introduce to our new families our friendly Crossing Supervisors. Pauline Keast (Racecourse Rd), Ivan Jakelic (Bentons Rd), Helen Johnston (Racecourse Rd) and Bob Barrett (Longwood Dve). They all work very hard to ensure that children and adults adhere to the appropriate crossing rules and negotiate these busy roads safely.

You can assist them with this task by following these simple rules:

ALWAYS cross the road at a designated crossing

STOP at the yellow line,

WAIT for two whistles,

WALK promptly across the road, keeping WITHIN the two white lines,

BIKES and SCOOTERS must always be walked across the crossing.

It is important for parents to use the crossings and always walk with your child/ren to the crossing and not allow them to run and rush ahead. Please ensure that you cross the road with your child/children in hand, when instructed by the crossing supervisor. Motorists can also assist with the safety of our crossings by remembering that it is against the traffic code to stop on a crossing. Motorists must wait behind the wide white line until it is clear to completely cross the

Year 3 Recorder



Staff in the college office were treated to the dulcet sounds of the recorder last week when Ms Hogarth's 315 class paid us all a visit. Year 3 children are all learning recorder this year assisted by their classroom teachers. We were delighted by the visit and look forward to soon hearing tunes which may be recognised!

Parent Programs

Parent Programs are aimed at helping parents to better understand the curriculum and how it is taught. They give parents strategies to assist them at home especially in the early years. Issues such as literacy, numeracy, developing resilience and self-esteem in children, etc. are discussed and parents are able to ask questions and talk with other parents. Our first program will be offered, to the parents of Prep children, who would like to learn more about early literacy. It will be commence in early March so if you are interested, please complete the form which will be in the next Prep Class Newsletter.

Parent Helpers

Parent helpers are welcomed into every classroom. Parents may assist teachers with all kinds of activities. They are especially helpful for extra-curricular and special event days that are held throughout the year. Please let your class teacher know that you would like to assist.

Bring Home a Brother or Sister

In July 2009, students aged 15-18 from over 15 countries will be arriving in Australia to study at local schools for 5 or 10 months. Hosting can be temporary, short or long term basis.

Host families help provide our students with the chance to study and experience life in Australia. This is a great way to learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill. If your family can offer a friendly, supportive and caring home environment contact us today. Call Student Exchange Australia on 1300 135 331 or visit our website www.studentexchange.org.au

Education Maintenance Allowance

FINAL REMINDER!

If you are holder of a valid Health Care Card or Pension Card you are eligible to claim for the Education Maintenance Allowance (EMA). If you have NOT already filled out an application form for THIS YEAR, please call into the College Office by **TUESDAY FEBRUARY 24**. Please bring your Health Care Card or Pension Card with you. These applications must be filled out each year to ensure cards are current. This year, there is a new payment system where you are able to nominate the EMA payment to go directly into your bank account, or remain as a cheque payment as in previous years.

College Council Fundraising Team:

Hi my name is Megan West. I am the co-ordinator of the Fundraising Team of 2009. I wish to invite all parents to join us at our first meeting on Tuesday 24 February at 7:30pm in the College staff room. (enter via the staff entrance) We will review what we achieved in 2008 and will welcome your new ideas for 2009.

Come along and enjoy a friendly relaxed night.

I look forward to meeting you all ... Megan West

ICY POLE DAY ...FRIDAY

'Quelch' fruit ice sticks will be available for only 50 cents. No need to order, just send your child with 50 cents in their pocket each Friday! Fruit ice sticks will be available every Friday this term!

If you would like to be a parent volunteer and help distribute the icy ples to classrooms, please contact Megan West on 5973 5607

Would You Like to Receive Your Newsletter Electronically?

We have welcomed so many new families to the College, we need to update our newsletter distribution list. If you would like an electronic copy of the College Newsletter each fortnight please email John Walkington at: walkington.john.n@edumail.vic.gov.au Thank you for supporting the College in our quest to reduce paper use.

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Benton children are members of a global community, connected to the whole world by ties of cultures, economics, politics and shared environmental concerns.

Benton Junior College is internationally accredited in association with:



Achieving the highest standards in International Education.



Developing inquiring, knowledgeable and caring young people.

Diary Dates

Friday 20 February
 Extra Curricular money due
Wednesday 25 February
 Year 5 Imax Excursion
Wednesday 4 March
 Year 3 Yoga
Monday 9 March
 Labour Day
Tuesday 10 March
 Year 3 Kidz Bodz
Wednesday 11 March
 Year 4 Western Creation
10 & 11 March
 Year 6 Water Safety Program
12 - 13 March
 Yr 4 Water Safety Program
Wednesday 18 March
 Year 2 Briars Day
Please note:
 Children will need a snack, lunch and water bottle
Tuesday 17 March
 Years 2 and 3 Photographs
Wednesday 18 March
 Yrs Prep/1/4/5/6 Photographs
Thursday 19 March
 Year 1 Hands on Science
Friday 27 February
 Year 4,5 & 6
 Swimming Trials
20 & 22 April
 Year 5 Urban Camp Melbourne

STOP PRESS

Casual Dress Bushfire Fundraiser

Congratulations Benton - your participation in the casual dress day last Friday raised \$ 1,803.50.



We have declared war against head lice!



This is the perfect time to get your head lice program in order and working effectively.

**Please check your child/ren's hair at least weekly!
Please contact the College Office if eggs or lice are found.**

What are Head lice?

Head lice (*Pediculus humanus capitis*) are tiny insects that attach themselves to hair and feed on blood from the scalp.

While head lice cannot fly or jump, they can spread from person to person through close contact or possibly through sharing hats, brushes or other items that have been infested. Lice lay eggs (or nits), which hatch in around 6 days, making infestation an ongoing problem.

- Head lice are small, wingless, blood sucking insects.
- Their colour varies from whitish-brown to reddish-brown.
- People get head lice from direct hair to hair contact with another person who has head lice.
- Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

What about the (nymphs) nits that hatch between treatments?

Between the treatments 7 days apart, embryos that were not killed by the head lice product in the egg will hatch and emerge to live on the head. They will be killed by the re-treatment, but in the meantime the nymphs will feed and grow. Not an ideal situation! A good strategy to manage this situation is to use a fine tooth comb between treatments to remove the nymphs that have hatched. Do this each night in the 7 days.

Do head lice live in carpets, clothes, hats or sheets?

No. Head lice very rarely fall from the head. They require blood to survive. Head lice feed 3-4 times a day and without blood they will dehydrate in 6 hours in a dry climate and 24 hours in a humid climate. An egg requires warmth to hatch and is the reason why they are laid close to the scalp. The further away from the scalp, the less likely they are to survive

What treatment kills 100% of head lice or eggs?

There is no single product on the market that kills 100% of head lice or eggs. Whichever product or lotion you choose, it takes time and persistence to get rid of head lice. Most families who are re-infested, have not thoroughly removed the first infestation.

Why do you have to treat again in seven days' time?

Head lice eggs take 6-7 days to hatch. And when you treat, it's easy to miss an egg or two. By treating again in seven days, you are aiming to kill and comb out any lice that have since hatched from eggs.

What should I wash or treat at home?

As head lice only live for a short time off the head, the only extra cleaning needed is to wash the pillowslip on the hot cycle or place in clothes dryer. Head lice combs can be cleaned in water hotter than 60 degrees.

Does my child have to miss school?

Under the School Education Act 1999, a Principal may exclude a child with head lice from school. According to the Health (Infectious Diseases) Regulations 2001, children with head lice may be re-admitted to school after head lice treatment has commenced. Some form of evidence of treatment (chemist receipt; treatment box; etc.) should be presented prior to your child returning to college as proof of treatment commencement.

What can you do about it?

Proper treatment is necessary to deal with head lice and prevent them from spreading. While head lice can be frustrating, treatment is a relatively easy process. The key to treatment and eradication of a head lice infestation is to break their life cycle. It is extremely difficult to kill all the eggs present when the infestation is first treated so treatment needs to reoccur..

All other members of the family should also be inspected for head lice and treated if necessary. Do not share hats, towels, pillows and brushes.

• Facts

Clean vs. Dirty

It is a common misconception that lice prefer dirty hair over clean. In fact, excessive shampooing of your hair removes the natural oils that build up on the hair strands. Not only can this damage your hair, but it actually makes it easier for the lice to attach to the strands of hair. Simply shampooing your hair is not enough to keep Lice away.

The Life Cycle of Head Lice

A female louse will lay between three to eight eggs (nits) per day in the hair, within 1.5cm of the scalp. These eggs resemble dandruff but cannot be brushed off

1. Egg is laid on hair shaft. Egg is called a 'nit'.
2. Louse emerges after 6-7 days.
3. First moult 2 days after hatching.
4. Second moult 5 days after hatching.
5. Third moult 10 days after hatching.
6. Emerging from their third moult as adult lice, they begin to reproduce.
7. Female lays first egg 1 or 2 days after mating.
8. Female can lay approximately 3 to 8 eggs per day for the next 16 days.
9. Having lived 32 to 35 days the louse dies.

What else can I do?

By applying hair conditioner in the bath or shower each night, the hair becomes a little slippery

and it may therefore be harder for the lice to cling on!

Thick, cheap conditioner.....slippery-dip!

FREE TREES!

The Mornington Peninsula Schools' Environment Week Committee is again staging the free tree issue for shire ratepayers.

The event will be held on Saturday 14th March and Monday - Friday 16th - 20th March from 9am to 4pm daily.

The event is sponsored by the Mornington Peninsula Shire and Bluescope Steel.

The Venues

- Mornington Youth Enterprises - Mitchell Street, Mornington
- Hastings Garden Supplies & Mini-Mix - 2165 Frankston Flinders Road, Hastings
- Disabilities Opportunity Victoria (formerly "Wongabeena") - 25 Leon Avenue, Rosebud.

Come along and present your rates notice to collect two free native plants. (any other I.D. is acceptable)



STIRLING TENNIS COACHING MOUNT MARTHA TENNIS CLUB

LESSONS FROM \$12.00
KINDER CLASSES - 4 YEARS

(Free racquet)
Group Classes 8-16
Ladies Beginners Group
Monday To Friday
Private Lessons

Beginners April Holiday Program
for Bookings phone
Stirling or Libby on 0411 082 723

Mornington Soccer Club

We are holding trials for U/13 and U/14 girls teams at 10 am Saturday 21 February at Mornington Soccer Club, Mornington Tyabb Road. Contact Dominic Salvato 0400 335 700 for further information.



J.K. CARPENTRY

Justin Kestles Fax: 03 5976 1754
0417 372 349 jkcarpentry@bigpond.com

"Getting Out the Door"

Half Day Forum



"Getting Out the Door" will provide busy families, big families and/or single parent families with practical ways to help share the load of household responsibilities. Parents will be provided with a practical 'tool kit' of ideas they can use in their own families.

When: Wednesday 25th March 2009
From: 9.30am - 1pm
Where: Anglicare, level 2, 60 - 64 Wells St Frankston (in the Commonwealth Bank Building)
Bookings: Essential Contact Skye at Anglicare on 9781 6700
Cost: Gold coin donation. Morning tea provided.



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7 Milgate Drive, MORNINGTON (melway 145 K3)